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Contact: Holly Ward, ADHS: holly.ward@adhs.gov, 602.542.1094

Courtney Kreuzwiesner, MCDPH: courtneykreuzwiesner@mail.maricopa.gov, 602.506.6098 Gregg Bach, Parks and Recreation Department, gregg.bach@phoenix.gov, 602.262.4994

Healthy Arizona Worksites Program Recognizes 44 Statewide Employers at Annual Award Event; FitPHX Recognizes 43

PHOENIX (June 23, 2016)— Today, the Healthy Arizona Worksites Program (HAWP) in partnership with the City of Phoenix FitPHX program held its annual recognition event at Steele Indian School Park's Memorial Hall. Fortyfour businesses from across the state were recognized with Copper, Silver and Gold awards for their worksite wellness program strategies. Additionally, 43 "FitPHX Businesses," those businesses located in Phoenix that attended Healthy Arizona Worksites trainings through the city's partnership with HAWP, were honored.

"The Healthy Arizona Worksites Program delivers evidence-based initiatives that improve the health of employees," said Mark Martz, policy consultant with the Arizona Department of Health Services. "The numbers show healthy employees reduce their risk for both short-term illness and long-term chronic conditions. When employees succeed, the workplace succeeds."

Also in attendance was keynote speaker, Jacqueline Kurth, from the Industrial Commission of Arizona. Kurth provided information to employers on the new treatment guidelines for the management of chronic pain and the use of opioids for all stages of pain management for treatment of injured workers.

"Our nation is in the midst of an opioid epidemic and employers play a vital role in how chronic pain and addiction is dealt with in the workplace," said Dr. Bob England, director of Maricopa County Department of Public Health. "HAWP's growing network provides a great platform for employers to learn about best practices on issues such as opioid abuse as well as other emergent public health issues."

Estimates indicate more than 500,000 employees have been impacted due to employers' commitment to HAWP and wellness in the workplace since its inception in 2013. Much of HAWP's success has been attributed to its strong statewide partnerships such as the one with City of Phoenix's FitPHX program.

"The goal of FitPHX is to make metropolitan Phoenix the healthiest region in the country," said Councilman Daniel Valenzuela. "We're proud that the partnership between Healthy Arizona Worksites and FitPHX has reached more than 117 businesses, representing more than 236,000 families. Providing large and small businesses with strategies to improve their employees' health is an excellent and proven strategy that can increase productivity, save money and lead to a healthier community."

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At today's event, employers were recognized by HAWP in three distinct categories depending on where they are with their worksite wellness programs. Businesses in Phoenix who attended the HAWP training were honored with the FitPHX award. Attached please find a list of award winners.

The next FitPHX/HAWP training is scheduled for September 14, 2016. All interested employers may register at www.HealthyAZWorksites.org.

The Healthy Arizona Worksites Program is a public health initiative offered by the Arizona Department of Health Services and the Maricopa County Department of Public Health (MCDPH). Its mission is to help employers learn how to successfully implement worksite wellness initiatives to improve the health of their employees and businesses.

FitPHX is a citywide healthy-living initiative, with the goal of boosting health in the region. Mayor Greg Stanton, Councilman Daniel Valenzuela and Olympic Gold Medalist Misty Hyman launched FitPHX in 2013. For more information, visit phoenix.gov/fitphx.

2016 Healthy Arizona Worksites Award Winners

COPPER

- Cartwright School District
- City of San Luis
- MedAire
- Nazcare
- Pinal County
- Regional Center for Border Health
- Renalogic
- Salvation Army

SILVER

- Abrazo Arrowhead Campus
- Arrington Watkins Architects
- Chiricahua Community Health Center
- City of Cottonwood
- City of Scottsdale
- Gila Health Resources
- Henderson Engineers
- Pima Community College
- The Growers Company

GOLD

- Arizona Department of Health Services
- Arizona State University
- Bryan University
- CARF International
- Chicanos Por La Causa
- City of Goodyear
- City of Mesa
- City of Peoria
- Cochise County
- Fennemore Craig
- Graham County Health Department

- HonorHealth
- Humana Arizona
- La Paz County Health Department
- Lovitt & Touche
- Meredith Corporation
- Northern Arizona Public Employee Benefit Trust
- NXP Semiconductors
- Phoenix Children's Hospital
- Salt River Pima-Maricopa Indian Community
- SmartPractice
- Stanfield Elementary School
- SunHealth
- U-Haul International
- Valley Schools
- Yuma County Government
- Yuma Regional Medical Center

FITPHX

- Abrazo Arrowhead Campus
- Arizona Department of Health Services
- Arizona Health and Wellness
- Arizona Medical Training Institute
- Arizona School Plans
- Arizona State University College of Nursing & Innovation
- Arrington Watkins Architects
- Banner Health
- Bissential
- Blue Cross Blue Shield of Arizona
- City of Goodyear
- City of Phoenix
- DeVry University
- Dignity Health
- Empowerment Systems
- Ergotron
- Erin P. Collings & Associates
- Freescale Semiconductor
- Glendale Community College
- Henderson Engineers
- Katy Flaherty Contractor
- Katz and Barden
- M Culinary Concepts
- MedAire
- Mohave County Department of Public Health
- MSS Technologies
- Native Americans for Community Action
- Navajo County Government
- Office of Legal Defender at Maricopa County

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- People of Color Network
- Phoenix VA Health Care System
- Recovery Innovations
- Renalogic
- SmartPractice
- Sonora Quest Laboratories
- Sun Life Family Health Center
- Thunderbird WIC Site
- Torrent Resources
- Town of Wickenburg
- U-Haul International
- Urban Wellness and Botanicals
- Vehicle Advertising
- Weight Watchers of Arizona

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